



GROUP WELLNESS

 the
spa
Green Valley Ranch
Las Vegas

Green Valley Ranch

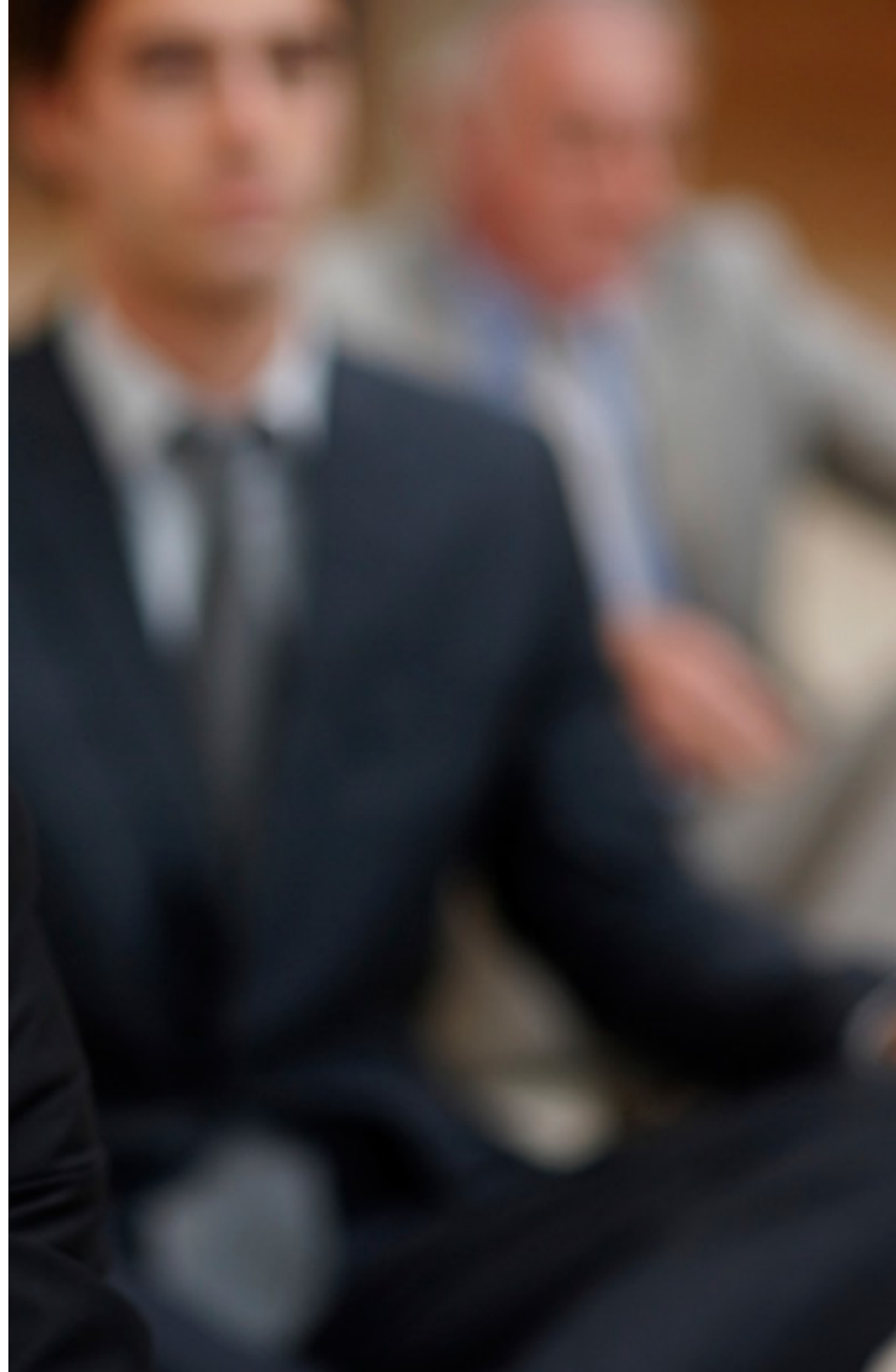
LAS VEGAS REVIEW JOURNAL
BEST OF LAS VEGAS AWARD WINNER

GREEN VALLEY RANCH SPA GROUP WELLNESS

Meetings That Matter, Will Inspire.

Experience an unparalleled, inspiring environment when you integrate Green Valley Ranch Spa's Group Wellness program into your next meeting. We offer a unique group approach designed to increase focus, increase productivity, and enhance the opportunity for team building. Create a customized Group Wellness program to fit your exact needs and we will assist you in achieving your group's goals.

Engage, inspire, and empower your attendees; add a meeting enhancement such as Laughing Yoga; start the day energized with a brisk morning walk; or relax and renew with in-meeting chair massages. We've created a business-focused program to serve as the ideal assistance to get results.



MEETING ENHANCEMENTS

Fifteen Minute Conference Breakout Sessions

Our wellness experts come to your meeting area to conduct these short, fifteen minute inspirational opportunities.

Choose from the following breakout sessions or combine classes:
No special shoes or fitness clothing required.

- **Energy Flow 15** – Laughter is the best medicine...for reducing blood pressure and stress while increasing endorphins. We'll make your attendees feel great in just fifteen minutes.
- **Nutrition Basics** – Being aware of your eating habits, the sensations you experience when you eat, and the thoughts and emotions that you have about food. Going back to the B.A.S.I.C.S., it's more about how you eat than what you eat.
- **The Focus Zone** – Gets attendees out of their chairs, promotes blood flow and regulates breathing to relax and reduce stress.
- **Stress Reliever** – Through guided tensing and relaxing of muscles, attendees will feel refreshed and energized!
- **Energy Boost** – Our wellness expert will guide your attendees through fabulous dynamic stretching movements to increase blood flow while stimulating cardiovascular and neuromuscular systems.
- **Guided Meditation** – Take a moment to slow down and breath. Our wellness expert will guide you through a relaxing journey in a group setting.



GROUP FITNESS

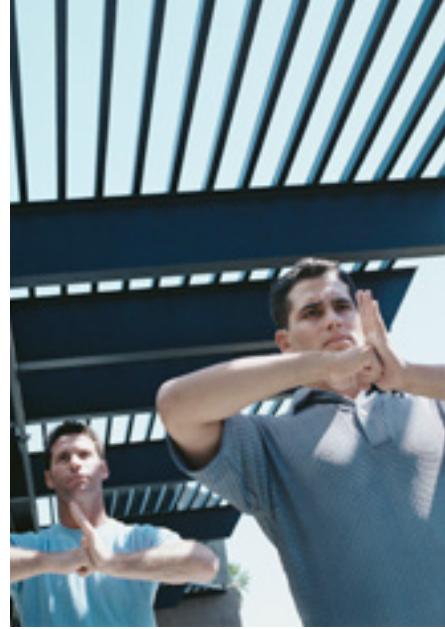
Mind and Body Fitness Classes

Choose from a variety of classes that can be held in our fitness studio, meeting rooms or on-site outdoor auditorium. Class choices include traditional Green Valley Ranch Spa exercise options.

Choices:

60-Minute Classes

- Mat Pilates
- Stretch
- Yoga
- Boot Camp
- Morning Power Walk/Run
- Group Training Session



SPA & SALON PROGRAMING

An Ideal Way to Provide a Relaxing and Rejuvenating Component to Your Program. Visit Our Award Winning Facility and Let Us Pamper You.

Spa & Salon Treatment Blocks

- Ability to accommodate up to 22 Spa treatments and 8 Salon services per hour if booked in advance.

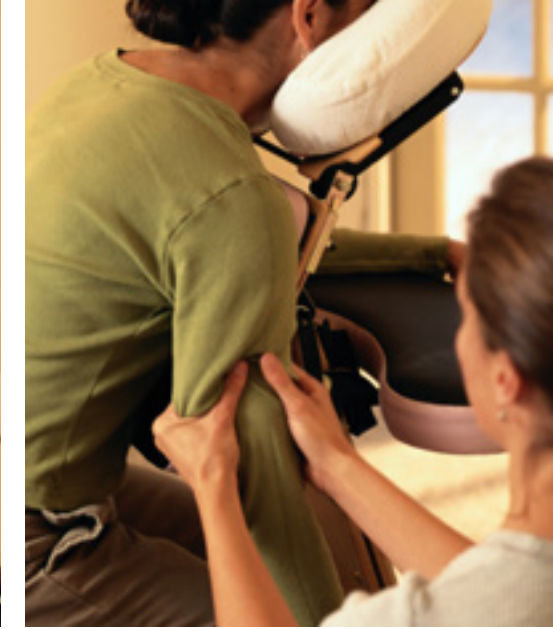
WELLNESS BREAK ENHANCEMENTS

During Your Meeting:

Services can be done within our spa or on site in your meeting space.

Our wellness experts come to your meeting area to conduct these short fifteen minute feel good opportunities. No special shoes or fitness clothing required. Choose from the following breakout enhancements:

- Hot or Cooling Aromatherapy Towels
- Chair Massage
 - Tense Neck and Shoulders Repaired and Relaxed!
 - Hand/Forearm Moisturizing Therapeutic Massage
- Mini Oxygen Facial Refresher
- Rejuvenating Hand Scrub
- Tired Eyes – Lift & Tone



VENUE RENTAL OPTIONS

Just beyond the Tuscan-Inspired vineyard, you will find the tranquility of the Spa and Salon at Green Valley Ranch. With over 40,000 square feet of space and our own private adults-only lap pool with breathtaking views of the strip, we are the perfect location for your group to enjoy any occasion.

The following venues can be reserved for private receptions, lectures and meetings. Pricing does not include food and beverage, AV equipment, additional seating or treatments. You choose your venue, and customize your own program, and we will make it happen!

The Spa

Encompassing 22 private treatment rooms, our stunning spa is sure to elicit relaxation just by stepping through our doors. We can accommodate groups of all sizes for various facial, body and massage treatments with our licensed, skilled therapists.

The Salon

Our generously sized salon has dazzling views of the main hotel pool. We can accommodate 4 manicures, 5 pedicures and 5 hair treatments per hour. We accommodate smaller luxury parties for services in our private VIP Salon Room. So order up some champagne and bring your attendees to this glamorous venue for a pre-event get together.

Private Spa Pool

Overlooking impressive city views of The Strip with a serene setting, our private spa pool is ideal for intimate gatherings. Whether you are hosting a cocktail hour or a luncheon, the spa pool is an ideal retreat.

Fitness Studio

Hosting up to 15 participants for a fitness activity or 25 attendees for a small private gathering, this on-site quiet venue is a hidden gem.





AFTER YOUR MEETING

Enhance your Natural Beauty with a visit to the Style Bar!

A refreshingly simple concept; we wash, blow, and style hair in just 45 minutes. Order up one of our 5 distinct styles, from Wild Style to Event Style – and one of our talented stylists will take it from there while guest relax and enjoy the experience. The perfect solution for your group’s evening event or night on the town!



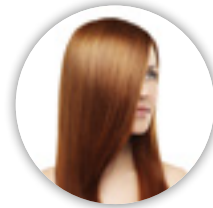
Wild Style

Big Sexy Round Brush



Event Style

Updo



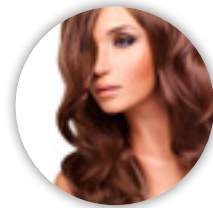
Sleek Style

Smooth & Straight Ironed



In Style

Hollywood Glam Waves



Free Style

Beachy Waves



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